

# NHB/NMRTC Bremerton *Caduceus*

## *A Monthly Recap of info, insight & issues for April, 2021*



### A Month of Prevention and Intervention for a Lifetime



*SAAPM Supportive Stance... Chief Hospital Corpsman Jenny Singer, Navy Medicine Readiness Training Command (NMRTC) Bremerton Sexual Assault Prevention and Response (SAPR) program coordinator, oversees the command's involvement in helping to recognize April as Sexual Assault Awareness and Prevention Month. Singer also provides coordination and oversight of compliance with SAPR program requirements, ensuring that command members receive general military training, are aware of SAPR resources, and know who – and how - to get timely assistance if needed, such as with the command SAPR victim advocate(s). (Official Navy photo by Hospitalman Madeleine M Connaway, NMRTC Bremerton)*

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer --* There were one thousand, six hundred and ninety six justifications Navy-wide in 2019 – 90 in the Pacific Northwest - why Sexual Assault Awareness and Prevention Month (SAAPM) is annually held in April.

That's nearly 1,700 allegations of sexual assaults, sexual trauma, sexual violence.

The ongoing Department of Defense theme for SAAPM is 'Protecting Our People Protects Our Mission.' DoD is observing SAAPM by focusing on creating the appropriate culture to eliminate sexual assault and encouraging a personal commitment from every service member to do their part to create a healthy environment.

As part of the Defense Health Agency, Navy Medicine Readiness and Training Command (NMRTC) Bremerton is actively engaged in eliminating any type of sexual assault – and harassment – with ongoing education, insight and involvement. There is added emphasis on prevention and intervention.

"SAAPM is important to raise awareness about sexual assault and to promote the prevention of sexual violence. The April campaign was created to help spread information and facts about rape and other sex-related crimes. It is important not only in April, but at all times to spread this message and promote a zero tolerance for sexual assault," said Chief Hospital Corpsman Jenny Singer, NMRTC Bremerton Sexual Assault Prevention and Response (SAPR) program coordinator.

The Navy is encouraging it Sailors to engage in active intervention to help prevent sexual assault and other de-

structive behaviors. Prevention efforts are having an effect. The Department of the Navy policy is clear: sexual assault or harassment does not belong in the military.

There are intervention strategies Navy experts recommend that everyone can use to help someone who may be targeted for a sexual assault by a predator.

#### Direct intervention:

Direct intervention involve speaking directly to those involved in the situation. By doing this, you can communicate that a particular behavior is not acceptable nor tolerated at your command, base or community.

#### Examples:

Ask if everything is alright.

Address the concerning behavior and state that you think they could possibly cross a line.

Tell the aggressor to leave the potential target alone or step away from the situation.

Pull aside the potential target, let them know you are concerned, and /or ask if they would like any help getting home safely.

#### Enlist Others to Help:

Enlisting other trusted people can take a variety of forms, in which you diffuse a potentially risky situation by indirect means.

#### Examples:

Go find the friends of those involved and urge the friends to help remove them from the situation.

At bars and restaurants, tell a bartender, security staff or manager that you are concerned about a potentially risky situation.

#### Distraction:

Distraction is a form of indirect intervention that can help diffuse a potentially risky situation by creating a diversion to interrupt the behavior.

#### Examples:

Ask the aggressor an unrelated question, such as, 'How do you get to the commissary?' or 'Do you know when this place closes?'

This may give the potential target the opportunity to leave the situation. Make up an excuse to help the potential target get away, Such as 'I think I lost my phone. Can you help me look for it?'

#### Protocol:

If you are unsure of how to safely intervene, or the situation escalates, seek the help of your chain of command or law enforcement.

Personal safety is very important for all involved, including the person doing the direct intervention. Before deciding to actively intervene in a situation, consider the following:

Is there a problem or risky situation?

What resources and options are available if I intervene?

Who else might be able to assist me in this situation?

What are the pros and cons of taking action?

Along with direct intervention tactics, ongoing prevention awareness is considered just as imperative. Towards that goal, NMRTC Bremerton has several events planned for this month. There will be a 'Chalk the Walk' event, where staff and patients have an opportunity to write positive and supportive messages regarding SAAPM.

"The Sailors Against Sexual Harassment and Assault, or S.A.S.H.A., committee is hosting a virtual 5K event, video presentations and weekly internal publications to raise awareness. We will also have giant teal ribbons on display at the hospital and branch clinics at various times throughout April for personnel to write messages on. We are also planning a few other events that brings awareness to victim blaming and destructive myths that surround sexual violence. That's important. Sexual assault is not the victim's fault. They didn't encourage someone to assault them," Singer said.

In her position, Singer provides oversight of NMRTC Bremerton compliance with SAPR program requirements, ensuring that command members receive general military training, are aware of SAPR resources, and know who – and how - to get timely assistance if needed, such as with the command SAPR victim advocate(s).

"The victim advocates are such a crucial part of the program," stated Singer. "They provide the ongoing support to the victim and assist them with navigating processes to get the care and services they need."

SAPR victim advocates provide continuous victim support throughout the incident reporting process, initial and ongoing investigation, as well as any court proceedings.



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CMDM (AW/SW), Robert Stockton, Command Master  
Chief

They supply all information to the victim so that he or she can make the best decision and serves as a liaison between the victim and service providers.

Along with local resources like victim advocates, there is the DoD Safe Helpline available around the clock for live one-on-one help and confidential victim assistance: 877-995-5247.



The Military Health System also offers a variety of health and wellness resources to assist any victim, both mentally and physically. Any type of sexual trauma can be physically and emotionally harmful and can lead to self-harming behavior, including suicidal ideation. Anyone experiencing suicidal ideation can call the Veterans Crisis Line/hotline at 800-273-8255, or visit <http://www.safehelpline.org/> for more information about reporting options, local resources and crisis intervention. They also can contact the National Sexual Assault Hotline (1-800-656-HOPE) or a local rape crisis center.

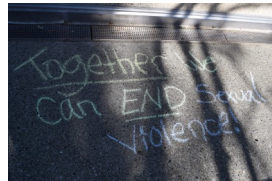
“One of the most beneficial tools any person struggling to cope with a traumatic event can receive is support,” exclaimed Chief Engineman John T. Antoine, Substance Abuse Rehabilitation counselor and Mental Health department leading chief petty officer.

According to the DoD Sexual Assault Prevention and Response Office, sexual assault is the nation’s most underreported violent crime. In the U.S, a sexual assault occurs approximately every 90 seconds. Sexual assault does not discriminate. It affects men, women, and children of all racial, cultural and socioeconomic backgrounds. There has also been an increase in sexual assault reported in DoD.

“Everyone needs to know about SAAPM! It takes everyone’s effort to be able to recognize and stop these behaviors early on to ensure a safe environment of trust and respect for each other,” added Singer.



*Chalk Crafting...In conjunction with April being Sexual Assault Awareness and Prevention Month (SAAPM), Chief Hospital Corpsman Elizabeth Barraza lends support to Navy Medicine Readiness and Training Command Bremerton’s annual Chalk the Walk event, where staff like Barraza, as well as patients, have an opportunity to write positive and supportive messages regarding SAAPM (Official Navy photo by Hospitalman Madeleine M Connaway, NMRTC Bremerton).*



**NHB/NMRTC Bremerton Webpage:**  
<https://bremerton.tricare.mil/>

**NHB/NMRTC Bremerton Official Facebook site:**  
<https://www.facebook.com/naulhospitalbremerton>

**NHB on Defense Video Info Distro Service:**  
<https://www.dvidshub.net/tags/news/nmrtc-bremerton>

**NHB Command Ombudsman:**  
[nhb.ombudsman@gmail.com](mailto:nhb.ombudsman@gmail.com)



## Chalking doing SAAPM Talking at NMRTC Bremerton

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer -- Chalk it up to empathy, education, and empowerment.*

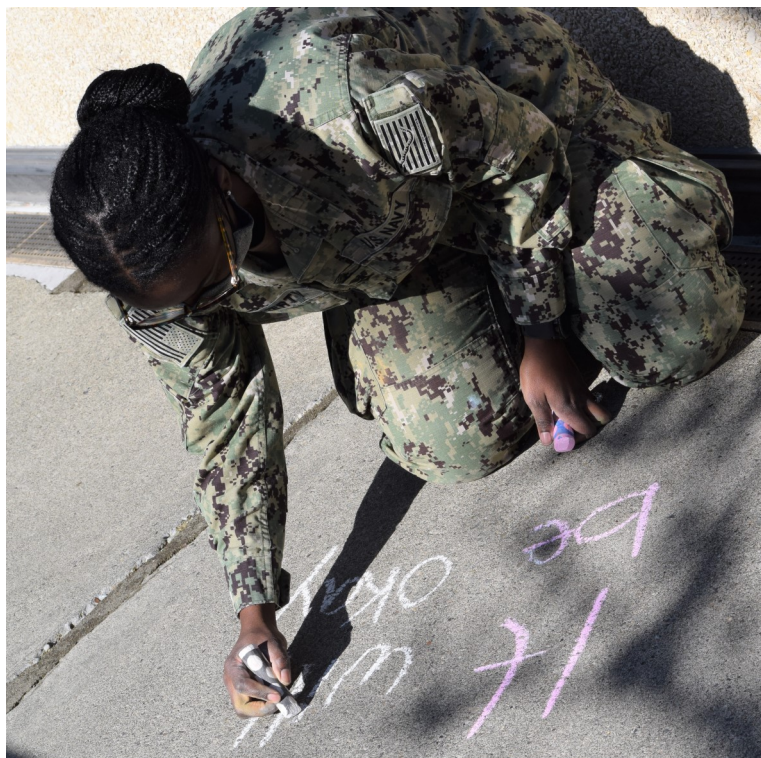
Naval Medicine Readiness and Training Command (NMRTC) Bremerton held the annual Chalk the Walk event in recognition of April designated as Sexual Assault Awareness and Prevention Month (SAAPM).

Sexual Assault Prevention and Response (SAPR) victim advocates (VA) were joined by other staff members to creatively cover the command's sky bridge walkway with empathetic messaging and sketches, educational statistics and narratives, and applicable diagrams and graphics on deterrence and protection from sexual assault, sexual harassment and sexual violence of any type.

"I'm here to help spread awareness for SAAPM, and let any victim know they're supported and we're here to look out for them. This is so important," said Hospital Corpsman 3rd Class Ilandra O'Doherty, from San Antonio, Texas and certified pharmacy technician and command victim advocate.

Some of the chalked display included messages such as 'Together we can end sexual violence,' 'you are not alone,' and 'DoD SAFE Helpline 1-877-995-5247.'

For Hospital Corpsman 3rd Class (Fleet Marine Force) Oscar Black, his involvement as a victim advocate and participant in the Chalk the Walk is primarily due to personal experience, as well as adhering to the hospital corpsman creed of caring for those in need.



*Chalking it up at any angle...Hospital Corpsman 3rd Class Ilandra Rachelle O'Doherty, along with other staff members assigned to Navy Medicine Readiness Training Command Bremerton, participates in the annual Chalk the Walk event to creatively cover the command's sky bridge walkway with empathetic messaging and sketches, educational statistics and narratives, and applicable diagrams and graphics on deterrence and protection from sexual assault, sexual harassment and sexual violence of any type. The event is held in recognition of April designated as Sexual Assault Awareness and Prevention Month (SAAPM). (Official Navy photo by Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer)*

"It's important that our Sailors know they have our support and that our command will help in any way they need," exclaimed Black, a California native, assigned to NMRTC Bremerton Detachment Puget Sound Naval Shipyard.

The 'Chalk the Walk' display is just one of the events being held throughout the entire month to continuously remind staff on sexual assault awareness and prevention, promote awareness of SAPR program resources, and continue to focus on the goal of eliminating sexual assault and harassment occurrences within the Department of Defense.

There will be a video presentation of pre-recorded filming available to the command featuring such staff members as independent duty corpsmen, SAPR VAs, and Sailors Against Sexual Harassment and Assault (S.A.S.H.A.) committee members covering roles and responsibilities in responding to an actual sexual assault/sexual harassment scenario.



S.A.S.H.A. is holding a virtual 5K (3.1 miles) run contest. Participants can complete a 5K course of their choosing April 16-18, 2021, take a selfie and post on social media with the hashtag #RunforSAAM to help raise awareness for SAAPM. There will also be a Teal Ribbon Display at the main hospital, along with Navy Medicine Readiness and Training Unit Bangor and NMRTC Bremerton Detachment Puget Sound Naval Shipyard. Staff, patients and visitors can inscribe messages on the display as another way to encourage participation in supporting SAAPM.

There will also be a denim decorating display, with staff invited to decorate a pair of jeans with awareness and prevention messaging, which will then be put on display, April 14, 2021.

NMRTC Bremerton's SAPR program provides to staff members a balance of focused education, response and advocacy to promote professionalism, respect, and trust throughout the command. They also reinforce a culture of prevention, response, and accountability for the safety, dignity, and well-being of all staff members.

The Department of the Navy does not tolerate sexual assault.

The Navy's Bureau of Medicine and Surgery (BUMED) directed military treatment facilities like NHB over eight years ago to establish a multidisciplinary team – such as SAPR VAs and Sexual Assault Forensic Examiners (SAFE) providers - to be able to handle any type of sexual assault case with a staff trained and ready to provide timely and appropriate medical care as soon as possible.

On a regular basis, NHB ensures that sexual assault education is provided to staff members.

There is also an photo board on the first floor displaying the command's victim advocates, so staff as well as patients and visitors are aware of who they can turn to in case they have questions or need help.

"We never want someone to feel alone, whether it's this month, or any month. We will always be there to help," O'Doherty stated.

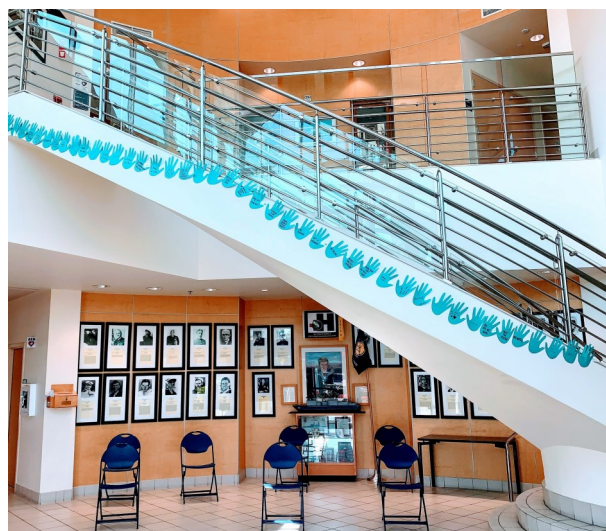


*Chalk it up for SAAPM...Sailors take part in NMRTC Bremerton's annual Chalk the Walk event in recognition of April designated as Sexual Assault Awareness and Prevention Month. Sexual Assault Prevention and Response (victim advocates were joined by other staff members to creatively cover the command's sky bridge walkway with empathetic messaging and sketches and educational statistics and narratives.*



## Navy Medicine Readiness Training Unit Everett SAAPM Efforts

*This year's theme for Sexual Assault Awareness and Prevention Month is RESPECT, PROTECT, EMPOWER.*



*We can each play an active role by (1) embracing the diversity of ideas, experiences and backgrounds of all individuals (2) taking responsibility for your actions (3) holding others accountable for their actions (4) intervening when necessary (5) and being a leader and encourage leadership in others.*



*This year, HM3 Maria Cuenca, SAPR VA, created a pledge wall where staff members were invited to write a message related to SAAPM on a blue hand with their name to display on the clinic's staircase near the quarterdeck.*

*In celebration of Denim Day, all hands were invited to design a denim patch. Denim Day originated as a protest against a 1998 Italian Supreme Court ruling in which a rape conviction was overturned based on the argument that since the victim was wearing tight jeans, she must have helped her attacker remove them and thereby consented to her assault. Denim Day subverts a culture of victim-blaming into one which advocates for victims.*

*Victim Advocates HM3 Paighton Scott and HM2 Jefferson Green created chalk art outside the clinic as part of the annual Chalk the Walk contest and we had our Advocates wear a teal mask for easy identification amongst staff and patients (pictured advocates to the right: Lt. Courtney Rafferty, HM3 Maria Cuenca, and HM2 Jefferson Green.*





## Public Health Experts handling the Public Health Crisis

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer – The day after Navy Medicine Readiness Training Command (NMRTC) Bremerton received an initial shipment of Moderna COVID vaccine, Dec. 22, 2020, doses were being administered to anxious staff members.*



*Info sharing the 'public' part of Public Health...Cmdr. Robert Uniszkievicz, NHB/NMRTC Bremerton Public Health Emergency Officer and Resident COVID czar, responds to interview questions from Kitsap SUN military report Josh Farley during the initial administration of the COVID vaccine Dec. 23, 2020. Along with Uniszkievicz, other public health experts such as Cmdr. Bryan Wooldridge, Lt. Cmdr. Mia Jin and especially Dr. Dan Frederick have led the command effort in helping stop the spread of COVID-19 since the onset of the pandemic (Official Navy photo by Chief Mass Communication Specialist Kyle Steckler, NHB/NMRTC Bremerton).*

Perhaps no others were more relieved, encouraged, and appreciative than the command public health emergency officers present for the occasion.

Using a football analogy, Dr. Dan Frederick, NMRTC Bremerton public health emergency officer (PHEO) remarked, "for ten month we've been playing defense against this virus. Now it feels like we're finally on the offense."

Leveling the playing field in an advantageous position was what Frederick and other public health experts do.

Well before the persistent eternity of the ongoing pandemic, public health experts - military and civilian – tended to be vital yet relatively unassuming contributors to overall health and wellness.

So Frederick described his PHEO role.

Yet over the past year, those same PHEOs like Frederick have become front and center in helping their command, communities, and country stop the spread of COVID-19.

Frederick, like other Defense Health Agency PHEOs, was closely monitoring unfolding developments concerning the new coronavirus that the Centers for Disease Control and Prevention (CDC) and the World Health Organization initially detected December, 2019, in Wuhan, China.

“It was thought that the original infections were transmitted to people from animals. But the most common transmission of the virus was from human to human. In other words, it spread like many other respiratory viruses, from the respiratory droplets of an infected person by coughing and sneezing to the respiratory tract of a non-infected person by inhaling or by touch of secretions to eyes and nose,” said Frederick, who steadily kept command leadership informed with updates of the virus.

Frederick’s awareness to closely monitor the on-going new illness was prescient. One of the early confirmed cases of the virus in the U.S. by the CDC was in the greater Puget Sound area with a Snohomish County resident returning from the Wuhan, China region.

Any potential threat of the viral respiratory illness might have seemed like miles from NHB, but similar to carefully observing the measles outbreak in southern Washington State the previous year, Frederick and command officials were again acutely aware that being forewarned is forearmed.

“The concern was how contagious with human to human transmission,” remembered Frederick.

Frederick echoed the CDC assessment that what made COVID-19 so important to track was it is new and something not seen before.

“The reason that 2019-nCoV received the attention of the entire public health community is because, as its name implies, it is novel. This means it is a new virus to humans. This also means that nobody had natural immunity to it and thus people who became infected, became ill. Although there were (also) people who became infected who didn’t know they had symptoms,” noted Frederick.

Frederick, along with other command PHEOs like Cmdr. Robert Uniszkievicz and Cmdr. Bryan Wooldridge, were much in demand by Navy leadership in the Pacific Northwest to address the many concerns – and unease – of confronting, stopping, and eradicating the virus.

“NHB/NMRTC Bremerton has some of the best, highly trained public health professionals in the region,” said Capt. Rich Rhinehart, Naval Base Kitsap commanding officer.

Along with the extensive and intensive long hours devoted to responding to the virus, Frederick in his public health role also continued to provide consultation and expertise to operating forces and shore command stakeholders across the third largest fleet concentration centered in the Pacific Northwest, helping guide best practices and procedures in disease prevention and health promotion. Some of the key initiatives include environmental health and safety, outbreak response and public health assessment.

Yet eliminating the virus loomed large at every juncture.

The public health emergency caused by the pandemic is still causing widespread health, social, and economic consequences. Frederick continues to assist local military commanders make timely decisions to protect lives, property, and infrastructure, as well as DoD installations to sustain mission-critical operations and essential services.

He also works closely when needed with various municipal partners at varied county and state levels.

“Our public health team here has always leveraged and enjoyed a strong bond with our Kitsap Public Health partners, and by extension to Washington State Department of Health. This is because a public health event, such as coronavirus, does not distinguish between the military and civilian community. It is reassuring to know that their dedicated team of subject matter experts are ready, willing, and only a phone call away to collaborate with us,” Frederick remarked.

His selfless devotion to public health is apparent in his outreach to patients and informing the command on the latest developments within the ever-changing landscape of public health. His ongoing efforts undoubtedly have a direct and substantial impact on our national defense and fleet readiness,” stated Capt. Shannon Johnson, NHB/NMRTC Bremerton commanding officer.



## Candid Comments shared on choosing COVID-19 vaccine

By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer – These Sailors weren't stuck about getting stuck.

Unscripted candid comments – testimonials – were requested and Navy Medicine Readiness Training Unit (NMRTU) Everett Sailors replied. As did other Sailors from across the Pacific Northwest recently for a Puget Sound Military Health System (PSMHS) video project.

The project was a combined effort from Madigan Army Medical Center, Naval Health Clinic Oak Harbor and Navy Medicine Readiness Training Command Bremerton. The premise focused on why service members chose to voluntarily get the COVID-19 vaccine.



*Telling it like it is... Hospital Corpsman 2nd Class Kaleesha Ramos, from Tampa, Florida, assigned to NMRTU Everett explains why she decided to get the Moderna COVID-19 vaccination during a recent Puget Sound Military Health System video project. The project was a combined effort from Madigan Army Medical Center, Naval Health Clinic Oak Harbor and NMRTC Bremerton. The premise focused on why service members chose to voluntarily get the COVID-19 vaccine (Official Navy photo by Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer).*

The filming is part of Defense Health Agency outreach communication efforts to promote efficacy, effectiveness and education of the COVID-19 vaccine, and allow service members to hear from their peers why they chose to be administered the available vaccine.

For Hospital Corpsman 2<sup>nd</sup> Class Kaleesha Ramos, advanced radiographic technologist from Tampa, Florida assigned to NMRTU Everett, it was an emotionally caring – and compassionate – decision.

“As a breast feeding mother of three and having two brothers with genetic disorders, I did it for my family, to keep them safe from this virus and help set the example to also keep my command safe,” shared Ramos.

Hospitalman Samantha Miller, also from NMRTU Everett, initially balked but volunteered the second time around.

“I got it to be able to travel and visit family,” said the Syracuse, New York native. “I also want to make my workplace safer.”

NMRTU Everett, along with NMRTU Bangor and Navy Medicine Readiness Training Command (NMRTC)

Bremerton Detachment Puget Sound Naval Shipyard, are satellite clinics of NMRTC Bremerton, providing patient-centered medical and dental care in the third largest fleet concentration in the U.S.

As of April 6, 2020, NMRTC Bremerton has provided 28,000 Moderna COVID-19 vaccine doses to critical national security assets, deploying forces and eligible beneficiaries in the greater Puget Sound area, excluding Whidbey Island.

With more on the way.

COVID 19 vaccinations are also available by appointment only to all beneficiaries, age 18 and older at Naval Base Kitsap – Bangor Olympic Lanes Bowling Alley. Appointment can be made: <https://informaticsstage.health.mil/Bremerton1COVIDApp/>, or by calling the Puget Sound Military Appointment Center at 1-800-404-4506, Monday through Friday from 6 a.m. to 8 p.m., or on Saturday from 7 a.m. to 3:30 p.m.

NMRTU Everett – like other military treatment facilities – has been on the giving and receiving end of the vaccination process.

“The new accepts came in waves. There was a wave after the first accepts got it and folks saw they were fine. Additionally, clinic leadership provided staff educational question and answer sessions, which included information about COVID-19, mRNA vaccines, and the Moderna clinical trial data.

Additionally, staff declinations were revisited at each opportunity for vaccination by Preventive Medicine staff to answer any further questions, which resulted in more accepts. Explaining the importance of being vaccinated was addressed regularly from our quarters, during walk-arounds, and even during one-on-one conversations, all with the idea that it's okay to say no at this time, but here's more information on why it's important," said Rutledge.

Rutledge stressed that there has been no strong-armed tactics used to coerce anyone.

"Declinations were respected for their decision and not made to feel pressured. But communication did not stop and each additional mass vaccination held offered another opportunity to communicate the need," Rutledge said, also noting that clinic leadership and the NMRTC Bremerton's Preventive Medicine team routinely gauged interest and shared insight to debunk falsehoods and address circulating rumors.

Rutledge attests it was a challenge explaining the efficacy of the COVID-19 vaccine to some staff members. As an example, they heard about the expected, common side effects – soreness, redness and swelling on the arm receiving the dose, and on occasion fever, chills, headache and tiredness. Compared to the annual required influenza vaccination, that was different.

"The mounting clinical trial data and real world data over time have aided in sharing the effectiveness of the vaccine and the urgency to support," said Rutledge.

It has been gratifying for Rutledge to see clinic staff receive the vaccination to help stop the spread of COVID 19.

"A lot of the staff, including those who were reluctant to get the vaccine at first, became happy to have received it to protect not only themselves, but their loved ones and those around them in the community," exclaimed Rutledge. "Additionally, those staff members who have gotten the vaccine have expressed a willingness with decreased fear to get back out, see extended family and ultimately enjoy some resemblance of normalcy."

Watching the candid comments from clinic Sailors expressed during the PSMHS video filming for Rutledge and others encapsulated the educational awareness and supportive effort from the first vaccination opportunity in December to present day. They were struck by the honest inflection in each staff member's remarks, from Ramos' emotional explanation to Miller's change of heart. It validated the care invested in each other.

"Being there for them meant not pressuring or scaring the members but respecting their decision either way. Emphasizing the voluntary nature of this process was important alongside the facts and empowering them to make the decision, not have the decision made for them, which often happens in military life," stressed Rutledge.

Volunteers from other Navy commands such as Carrier Strike Group 3, Submarine Group 9, and Naval Air Station Whidbey Island also shared, as did Air Force and Army personnel at Joint Base Lewis McChord.

According to compiled statistics from the Military Health System, it took 70 days for the Department of Defense to administer a million vaccines, half that time - 35 days - for the next million, and with more than a quarter of a million doses administered in the last eight days as of April 12, 2021, DoD is on track for administering the next million in 25-30 days.

Moreover, 83 percent of the vaccines from 350 DoD sites have been administered, above the national average of 77 percent. It is also estimated that more than 25 percent of the total force are now fully vaccinated. Approximately 2,313,600 total doses have been provided, with 36.8 percent of service members receiving at least one dose.



Helping to keep the pandemic at bay, literally... Hospitalman Kurt Rommel Libed, assigned to NMRTU Everett, from the Philippines before relocating to Maui, Hawaii, explains why she decided to get the Moderna COVID-19 vaccination during a recent Puget Sound Military Health System (PSMHS) video project. The project was a combined effort from Madigan Army Medical Center, Naval Health Clinic Oak Harbor and NMRTC Bremerton. The premise focused on why service members chose to voluntarily get the COVID-19 vaccine (Official Navy photo by Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer).



## Caring with Cookies during COVID

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer -- During the Month of the Military Child, one such child has taken it upon herself to give a lot more than receive.*



Local Girl Scout Rene Vollmuth, the daughter of Robert and Sheri L. Vollmuth, employees at Puget Sound Naval Shipyard (PSNS) & Intermediate Maintenance Facility (IMF), donated over 100 boxes of Girl Scout cookies to Naval Hospital Bremerton staff, April 8, 2021.

“We decided on 118 boxes, one for each year the hospital has been on land,” explained Rene.

The idea to donate to the hospital and especially the COVID-19 mass vaccination team was a brainstorm of combined mother and daughter inspiration. Sheri had been working with the mass vaccination team, helping to coordinate for PSNS & IMF workers, and Rene knew they would be a suitable selected group to support.

“From the history search we completed, NHB was established in 1903 at PSNS near Dry Dock 1. In 1909 funding was approved to start construction on upper base building at Naval Gate and opened in 1912. It has been a blast doing research on this local history,” added Sheri, noting that Rene was happy to be able to donate to people who have been working a lot, especially through a pandemic.

“The Girl Scouts for years have been donating cookies to the military,” continued Sheri. “This year she was able to donate to the military and hospital workers, an all in one team. Showing appreciation for both groups, who have served our country and supported the health of our military and veterans. Rene’s Grandfather was a Navy vet, who passes away just after she was born. Her dad was born at the naval hospital when it was at (then) Naval Base Bremerton. For this experience, she has learned some naval history and history about her family.”

A special allocation of the Girl Scout Cookies was set aside to specifically present to the hospital’s COVID mass vaccination team.

“That was pretty cool, and delicious. It was greatly appreciated,” said Chief Hospital Corpsman Dawn Dillow, Preventive Medicine leading chief petty officer.

“It’s a ‘Thank you for your service’ from Girl Scout Rene,” stated Sheri. “Rene started in kindergarten as a Daisy. She is now in sixth grade and a Girl Scout Cadette. Her goal this year was to sell 800 boxes of cookies. She well surpasses that goal and reached 1,500 boxes sold, with over 200 of those going to the military. Amazing work for selling during a pandemic with extra safety regulations set on the girls this season, such as no door-to-door sales, wagon sales, or store sales.”

The Girl Scout cookie boxes were even individually decorated with art work and thank you cards.

“It’s what we do. It’s why she is so successful, by going that extra step for others,” exclaimed Vollmuth.

For Hospital Corpsman 2nd Class Steven Pitts, the cookies represent more than just a treat. They’re a vital piece of connecting to community.

“When deployed to Afghanistan, receiving cookies on base was a small yet tangible piece of home. Here, they show the continued support for our military and our youth from the community,” stated Pitts. “The box of cookies that Pitts chose? A no-brainer to him.

“Tagalongs. That’s simple. It is very hard to beat the combination of peanut butter and chocolate. But when you wrap that around a crunchy shortbread style cookie, that is true happiness,” quipped Pitts.

With April recognized as Month of the Military Child, the health and wellbeing of children like Rene is a top priority for the Department of Defense and Military Health System.

## Care during COVID-19: Pharmacy Techs recognized for All Star contributions

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer --* When the Navy's COVID-19 Pharmacy All-Star Spotlight came out in March, 2021, the publication showcased a host of pharmacy technicians in a number of categories.

All of them were nominated by their respective commands for demonstrating what it meant to be resilient, compassionate, dependable and innovative during the pandemic. Navy Medicine Readiness Training Command (NMRTC) Bremerton had five staff members featured.

From Navy Medicine Readiness Training Unit (NMRTU) Everett, there was Hospital Corpsman 1<sup>st</sup> Class Cyrus Cunningham, 'The Rockstar Lead' award recipient; Hospital Corpsman 3<sup>rd</sup> Class Crystal Zamora, 'The Pursuit of Wellness' award recipient; and Hospitalman Jessica Moilanen, 'All Star Tech' award recipient. From NMRTC Bremerton, Mr. Edward Schulz, 'The Rockstar Lead' award recipient; and from NMRTU Bangor, currently at Expeditionary Medical Clinic Isa Air Base, Bahrain, HM1 Benjamin Chapin, 'The Go Getter' award recipient.

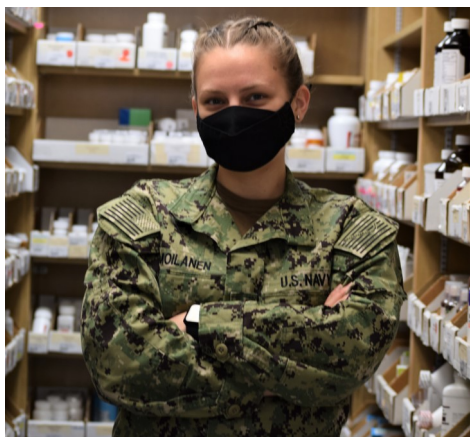


Lt. Courtney Rafferty submitted Cunningham for the 'The Rockstar Lead' award, demonstrating resiliency and showed compassion, direction, and encouragement of their staff, such as encouraging flexible scheduling, being sensitive to personal demands, and prioritizing mentorship.

"NMRTU Everett Pharmacy team, led by Cunningham, anticipated and proactively engaged in shaping policies and procedures early in the pandemic that were critical to protecting patients and staff members. Within weeks, the Pharmacy team closed the very small waiting area and worked closely with base leadership to develop infrastructure, resources and technology to support a fully operational Pharmacy drive-through and curbside pick-up," wrote Rafferty, adding that Cunningham implemented new technology to enhance patient experience and help increase overall improved efficiency.

Zamora was nominated for the 'Pursuit of Wellness' award by Rafferty, given to those who prioritized well-being efforts throughout the past months and implementing new ways to reduce workplace burnout, chaos and stress.

"During the pandemic, Zamora organized a running team for the Pharmacy, contributing over 225 miles, responsible for one of the highest mileage achievements for the Run Across America Challenge, which resulted in special liberty for all six active duty Sailors on the Pharmacy team. Zamora further reduced stress and workload burden on other members of her Pharmacy team by ensuring an uninterrupted supply chain despite budget restrictions and unexpected staffing shortages. Her can-do spirit and non-stop



work ethic in addition to her passion for health and wellness

motivated other team members and allowed the NMRTU Pharmacy to deliver uninterrupted care to our entire active duty and retiree patient population safely during a highly stressful period of time," described Rafferty.

In her submission for Moilanen as 'All-Star Tech' award, Rafferty wrote in part, "The true definition of Pharmacy All Star Tech. She seamlessly helps handle over 100 phone calls daily, fills and processes prescriptions all while helping run the drive through pharmacy. She is adept at identifying and solving problems before they propagate. She has an effusive customer service attitude and is truly a credit to the Navy Pharmacy team."





Schulz was also a 'Rockstar Lead' nominee, put in by HM1 Michael LaPenna, NMRTC Bremerton's Main Pharmacy lead petty officer.

"Mr. Larry Schulz is a phenomenal lead technician! He provided the daily guidance and assignment for technicians to maintain the continuity of daily operations while providing high quality of services for our beneficiaries. During the pandemic, he created alternate department schedules that adhered to command policy of 'social distancing' while still maintaining the appropriate manning for support command's mission in providing quality patient care," wrote LaPenna.

The 'Go Getter' award was for those going above and beyond to support their colleagues and patients during the pandemic.

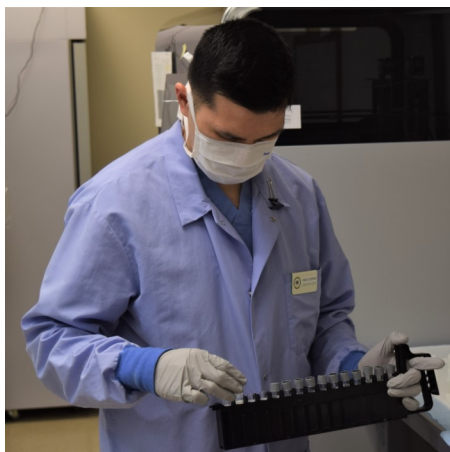


In nominating Chapin, Chief Hospital Corpsman Jose Naranjilla wrote, "As the leading petty officer and sole pharmacy technician assigned to Expeditionary Medical Clinic (EMC) Isa Air Base, Bahrain, HM1 Chapin leads his team of Sailors and soldiers supporting approximately 1,600 forward deployed joint service warfighters. At the forefront of the U.S. Naval Forces Central Command COVID-19 inoculation plan, he coordinated, tracked, and reported the vaccination of 346 service members and base employees across 14 tenant commands."

Capt. Brandon Hardin, BUMED Pharmacy Specialty Leader, congratulated all nominees.

"I want to thank each and everyone one of you for all you have been able to accomplish during such a challenging moment in history. Your support of and dedication to this community has been crucial to the superior care we have delivered throughout the COVID-19 pandemic. You have demonstrated what it means to be resilient, compassionate, dependable, and innovative in the face of uncertainty," stated Hardin.

## From COVID testing to MHS GENESIS support, Lab Techs do it all



By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer – Even though April 18-24, 2021 is designated as Medical Laboratory Professional Week, for laboratory technicians like Hospital Corpsman 1<sup>st</sup> Class KC Geisler, there's no slow down or reduction of service taking place during the week.

Geisler, assigned to Navy Medicine Readiness and Training Command (NMRTC) Bremerton as the Laboratory leading petty officer, readily affirms that his lab is central to all health-care provided at the command.

"As a laboratory professional we organically see almost every single patients either through getting their blood drawn or through their specimen(s) that are dropped off to the laboratory," said Geisler, a Henderson, Nevada native.



To describe what lab techs do, Geisler chose a famed fictional detective to illustrate their importance and provide context.

“Laboratorians are the Sherlock Holms of the medical field. We help to identify cancers and disease through testing and have to ensure that the results that we put out are accurate. Providers depend heavily on the results that we give them so that they can better treat their patient,” Geisler said. “To put it simply, providers cannot function without us. Without laboratory results it makes it that much harder to pinpoint that disease or affliction that a patient may have. Yes they could treat the symptoms but without that result to re-enforce their diagnosis, the patient wouldn’t be able to get the right quality care that they need.”

For 2020, there were approximately 699,500 tests conducted by the Core Lab, including Hematology, Urinalysis, Coagulation, Blood Bank, Point of Care Testing, Microbiology, and Cytology/Histology. There were another approximately 36,155 tests conducted at the NMRTC Bremerton Detachment Puget Sound Naval Shipyard lab, approximately 25,535 at the Navy Medicine Readiness and Training Unit Bangor lab and approximately 17,750 at the NMRTU Everett lab. Three blood drives also collected 120 units.

Providing timely and direct support for COVID-19 testing has become the lab focal point over the past year, and has only added to the routine high operational-tempo of the staff.

“The laboratory became the gateway of all COVID-19 testing in our immediate region. The laboratory had to step up and tackle the pandemic head on with no reduction in schedules. When USS Nimitz was tasked to deploy last year, all of our staff came in over the weekend to order over 4,000 COVID-19 diagnostic tests, coordinate logistics, processing, shipping and DoD testing to support getting the carrier underway for deployment as scheduled,” Geisler said.

Lab staff also took part in providing approximately 5,750 COVID swab tests for Marine Corps Security Force Battalion, Bangor and approximately 4,250 COVID swab tests for Submarine Group Nine commands.

“When we receive the COVID samples we have to make sure that the sample is correct and acceptable for testing before tested or sent for reference studies. Our microbiology bench received and validated four FDA approved infectious disease diagnostic analyzers to test COVID-19 and respiratory panels as well as another molecular testing system that can handle 400 COVID tests a day. With the implementation of those analyzers, the wait time for COVID-19 results went from three to seven days to mere hours. The efforts of the lab have helped to identify patients that have been infected with COVID-19, which has been instrumental in the care and further precautions to stop the spread of COVID-19,” explained Geisler.

The lab team is comprised of two officers, two pathologists, 27 enlisted personnel and 11 civilians. The majority of young Sailors have arrived at NMRTC Bremerton for their first duty station. Their training and understanding of their chosen specialty, as well as work-ethic, has continually been put to the test during every conducted test.

“Our preparedness comes from rigorous training and the constant need to perform daily checks to ensure that everything runs smoothly in the laboratory,” Geisler stated. “Most of the techs that we receive are straight from lab school. They have a huge responsibility on their shoulders as soon as they set foot in the laboratory, perhaps more so than any other department in the hospital. They all have done a phenomenal job. I am very proud of them!”

Along with all their in-house lab efforts, NMRTC Bremerton also sent two staff to assist with the collection and testing of COVID samples on Guam in response to fleet concentration outbreaks. Another lab officer was sent to augment U.S. Naval Hospital Yokosuka to assist with conducting PCR (*polymerase chain reaction*) COVID testing and facilitate management procedural changes there and at Branch Health Clinic Iwakuni.

The DoD (new) electronic health record MHS GENESIS has been the second major focus for Laboratory staff. The command supported the rollout of the new system along the west coast. Staff went on temporary assigned duty to provide subject matter expert assistance at Naval Health Clinic Lemoore, Branch Health Clinic Fallon, NMRTC 29 Palms and six clinics, Naval Branch Health Clinic Port Hueneme, and 13 small outlying clinics of NMRTC Pendleton.



## ‘I am Navy Medicine – and Laboratory Technician – HM1 KC Geisler’

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer --* When Hospital Corpsman 1st Class KC Geisler entered the Navy in 2002, his plan was to assist in detecting and neutralizing underwater mines.

The Henderson, Nevada native is still distinguishing and deactivating hidden dangers, albeit in a different, yet perhaps even more crucial, working environment.



Geisler is the leading petty officer of Navy Medicine Readiness and Training Command (NMRTC) Bremerton’s Laboratory Department, which has been pivotal throughout the past year in helping to eliminate the pandemic.

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reduction in schedules. When USS Nimitz (CVN 68) was tasked to deploy last year, all of our staff came in over the weekend to order over 4,000 COVID-19 diagnostic tests, coordinate logistics, processing, shipping and DoD testing to support getting the carrier underway for deployment as scheduled,” Geisler said.

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Geisler joined the Navy in 2002 as a mineman.

“Which is a really small rate [approximately 300-600 Sailors] that few people know about. The rate is a jack of all trades. You are a gunner’s mate, master at arms, quartermaster, operations specialist, and a boatswain’s mate all rolled up into one,” said Geisler, who was assigned to USS Defender (MCM 2) and USS Warrior (MCM 10) both with U.S. Pacific Fleet.

“MCM class ships are made of wood and fiberglass so that the hull can flex during an explosion set off by a sea



mine,” added Geisler. “It had a crew of only 70 people so everyone had to be familiar with how the ship ran. It was a lot of work but it was a lot of fun at the same time.”

It was when Geisler started working with the ship’s Surface Independent Duty Corpsman that the urge to switch to a career in Navy Medicine took hold.

“I wasn’t happy with what I was doing. I wanted to do more. I learned how to take care of medical records, perform minor medical procedures and health inspections,” recalled Geisler, adding that he also became aware that as a mineman there really wasn’t a lot of similar civilian occupations, but the medical field offered a wide range of job opportunities.

After Hospital Corpsman ‘A’ School, he then attended Advanced Laboratory School for 13 months, which is where he also earned his associates degree, along with a national certification from the American Society of Clinical Pathologists. He also received a \$45,000 reenlistment bonus.

Navy Medicine has taken Geisler to the far side of the Pacific, for a tour at U.S. Naval Hospital Okinawa, Japan as the Blood Bank Supervisor from 2007-2010.

“I had a blast. If you’ve never been to Okinawa, it is one of the best duty stations out there! There is a lot to see and do and the Okinawans are really friendly,” related Geisler.

After Okinawa he transferred to Naval Branch Health Clinic Fallon, Nevada, home of Top Gun Naval Aviation School as the clinic/lab leading petty officer. After three years there, he relocated to the Pacific Northwest, initially at Branch Health Clinic Puget Sound Naval Shipyard before his current duty assignment.

When asked what’s been the best part of his Navy career, Geisler replied, “Definitely has got to be the people that I meet. It is never about the duty station that you go to. It’s all about the relationships that you build with the people you work with that really matters. In the laboratory we are a family. People that join the Navy – or any other service branch for that matter - typically are not in close proximity to their families. So we adopt each other and take care of one another.”

For Geisler, being part of Navy Medicine has presented an opportunity to continue to challenge himself personally and professionally. His co-workers count on him. His young Sailors appreciate his guidance. Yet to most, if not all, patients, he’s a behind-the-scenes expert committed to processing accurate and timely test results for each one.

“I like to know that I am taking care of our service members, as well as their families,” stated Geisler.

## **Taking on COVID from Coast to Coast – Navy Medicine helps local support efforts**

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer -- From coast to coast, Navy Medicine personnel are helping to stop the spread of COVID-19.*



From the Pacific Northwest to the eastern seaboard, Navy Medicine Readiness Training Command (NMRTC) Bremerton has sent several staff members across the continent to aid the Department of Defense Community Vaccination Center support.

Capt. Benjamin Schwartz, chief experience officer and pharmacist and Hospital Corpsman 3<sup>rd</sup> Class Erick Morcillo of Surgical Services are currently deployed as part of U.S. Northern Command augmenting the Federal Emergency Management Agency (FEMA),

lead federal agency, to assist whole-of-government vaccination efforts in New Jersey

Schwartz and Morcillo are but two of approximately 6,000 Navy Medicine active and reserve component personnel deployed in support of operational COVID-19 missions.

The two departed in March with a Navy and Army team of 23 members sourced from across the nation. As part of DoD's Title 10 Vaccination Support Team, they have been working directly with FEMA, Joint Task Force Civil Support, New Jersey State Police, other law enforcement officers, local departments of health, AmeriCorps, Rutgers University nursing students, and other DoD staff and partners.

They are currently helping to provide Moderna COVID-19 vaccinations to more than 1,800 people weekly in three urban underserved communities within Orange and Newark, New Jersey.

"We are in a supporting role to FEMA and New Jersey including relevant departments of health," said Schwartz, working out of vaccination sites which include local churches and schools.

It was in February that DoD received a request from FEMA for support in administering COVID-19 vaccine at various locations across the country. Secretary of Defense Lloyd Austin approved the request to augment and expedite vaccinations nation-wide, ordering the first contingent of more than 1,000 active duty military personnel to support state vaccination sites. As Secretary Austin announced, DoD "must help the Federal Government move further and faster to eradicate the devastating effects of the coronavirus."

The fatality figures are daunting. The virus has claimed more American lives than those lost in all previous military campaigns from World War Two to the present.

"The greatest challenge to our country right now is the pandemic," stated Secretary Austin.

Schwartz, Morcillo and others on assembled joint teams at approximately 17 community vaccination centers in 12 states are daily taking on that task to help eliminate the virus.

Their collective efforts are adding up. According to compiled statistics from U.S. Northern Command, as of April 16, 2021, over three million vaccinations have been administered by active duty U.S. DoD service members in communities across the country.

Schwartz affirms that every administered dose is helping stop the spread of the virus.

"Our team, along with other joint teams supporting urban underserved communities, is not only increasing the total number of people vaccinated, but is specifically increasing the percentage of people of color vaccinated," said Schwartz. "The soft power and healing hands we project in urban underserved communities throughout our COVID-19 vaccine mission has made a difference not only in the health of the people we serve, but also a lasting positive impact in hearts and minds."

With his Navy Medical Service Corps background and experience in pharmacy, Schwartz has provided crucial capability in vaccine handling.

"Once daily supply of Moderna COVID-19 vaccine vials are received, my expertise in pharmacy enables safe administration of vaccine. Throughout the day, we prepare dosages for administration and ensure other members on the team appropriately prepare dosages."

One of those team members is Morcillo.

"HM3 Morcillo has been instrumental in administering Moderna COVID-19 vaccines to community members. He has also served as a translator for those who speak Spanish," Schwartz said, adding that all service members have made a favorable impression in providing support in an area where the presence of Army, Navy, Air Force and Marine uniforms isn't commonplace.

"Many of the community members I have interacted with have voiced their appreciation of the service we provide. I feel positive about the work we are doing, and having the community's support is very meaningful," remarked Schwartz.

## Earth Day Awareness a Command-Wide Commemoration

*By Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer --* In the week leading up to this year's commemoration of the 51st Earth Day, Naval Hospital Bremerton's (NHB) Facilities Management received an admiring note from a contributing partner in environmental stewardship.

That same legacy of caring for the environment was on display April 22, 2021, with the command's First Class Petty Officer Association organizing a base-wide cleanup effort.

Earth Day was founded in 1970 as a day of education about environmental issues. This theme this year is 'Restore Our Earth,' which NHB has consistently done by focusing on a number of programs – recycling, replacing and reusing – that actively supports and encourages a culture of environmental stewardship throughout the command and community.

"NHB achieves sustainable goals in improving our environmental foot print by reducing the volume of waste generated and continual improvement in reduction of toxic chemicals use," said Ramon Calantas, Environmental Division environmental protection specialist.

NHB has a robust waste reduction program to collect and return what the Food and Drug Administration (FDA) classifies as 'single used devices' from the operating room. Instead of disposing of such devices as arthroscopic wands and shavers, laparoscopic instruments, and ultrasonic scalpels as medical waste, they are now being recycled at a rate of almost one ton per fiscal year.



According to Calantas, NHB also recycled approximately 250 pounds in the last two years of various non-invasive medical devices such as compression sleeves, pneumatic tourniquet cuffs, and ECG leads and cables. At one point in time, those items – and more - were disposed of as solid waste, with associated costs and environmental impact.

NHB's Facilities Engineering Division's Solid Waste Diversion water foundation project has annually reduced the use of disposable plastic drinking water bottles. Installed bottle fillers in 14 drinking fountains are reaping eco-friendly benefits. Just one filler can dispense the equivalent of almost 200 bottles of water in one work week, in theory keeping those 200 bottles out of recycle bins, trash cans and landfills.

Along with the command-and-corporate initiatives to recycle, reprocess and recover, there has also been creative individual energy in helping care for the environment.

The blue muslin wrap used as garments in NHB's Main Operating Room (OR) used to be destined for a landfill after being discarded. The wraps are made of polypropylene, a form of cloth-like plastic which is water resistant, insect resistant, and retains heat. Yet once the sterilized blue wrap is worn, it can't be reused due to stringent sterilization standards at NHB and manufacture guidelines.

Due to the efforts of Hospital Corpsman 3rd Class Cozzette Baldwin, a surgical technologist, the wrap is now being recycled and reused by being made into sleeping pads and tote bags to donate in helping those less fortunate.

That initiative was also on display for Earth Day, as approximately 40 staff members showed up to canvass and spruce up the hospital's grounds. The commemoration of Earth Day wrapped up with a two-mile fun run where all contestants will receive finisher seeds to plant (see following page).





*As noted naturalist John Muir is quoted as saying, 'of all the paths you take in life, make sure a few of them are dirt,' Chief Mass Communication Specialist Kyle Steckler does just that in a two-miler fun run held April 23, 2021, in conjunction with the annual Earth Day observation. The event was coordinated by Navy Medicine Readiness Training Command Bremerton's First Class Petty Officer Association to help commemorate the date, which also included finisher seeds to plant for every participant (Official Navy photo by Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer).*

*A restorative run...In conjunction with the annual Earth Day observation, Navy Medicine Readiness Training Command Bremerton's First Class Petty Officer Association held a two-miler fun run April 23, 2021, to help commemorate the date, which included finisher seeds to plant for every participant (Official Navy photo by Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer).*



*Trekking through the wilds... Naval Hospital/Navy Medicine Readiness Training Command Bremerton's Nature Trail, a pristine pathway through the ecological preserved wooded area on the approximately 49-acre campus, provided a portion of the two mile Fun Run course held April 23, 2021, in conjunction with the command's annual Earth Day observation, organized by the First Class Petty Officer Association to help commemorate the date (Official Navy photo by Douglas H Stutz, NHB/NMRTC Bremerton public affairs officer).*



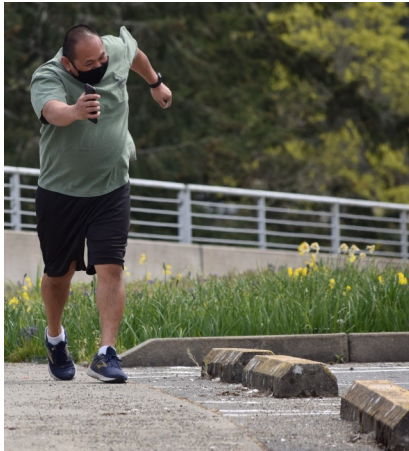
*Not just a tiptoe through the tulip...Hospital Corpsman 1st Class Nestor Hurtado, preventive medicine technician assigned to Navy Medicine Readiness Training Command Bremerton, finishes up a two-mile Fun Run, April 23, 2021. The run was held in conjunction Earth Day, and organized by the command's First Class Petty Officer Association to help commemorate and increase awareness for the annual event (Official Navy photo by Douglas H Stutz, NHB/NMTRC public affairs officer).*







*Tandem team on the trail...Hospital Corpsman 1st Class Mary Neff, assigned to Navy Medicine Readiness Training Unit Bangor (L), and HM1 Chelsea Aquino, Navy Medicine Readiness Training Command Bremerton Surgical Services leading petty officer, take part in the command's Earth Day 2021 2-Mile Fun Run, April 23, 2021. The event was organized by the command's First Class Petty Officer Association to help commemorate and increase awareness for the annual event (Official Navy photo by Douglas H Stutz, NHB/NMTRC public affairs officer).*



*Stretch to the finish...Chief Hospital Corpsman Alvin Cruz (Left) Navy Medicine Readiness Training Command Bremerton Surgical Service leading chief petty officer, wraps up taking part in a two-mile Fun Run, April 23, 2021. The run was held in conjunction Earth Day, and organized by the command's First Class Petty Officer Association to help commemorate and increase awareness for the annual event (Official Navy photo by Douglas H Stutz, NHB/NMTRC public affairs officer).*

*With a glide in stride (Below) ...Hospitalman Teye Kwako, assigned to Navy Medicine Readiness Training Command Bremerton OB/GYN Clinic, takes part in the command's Earth Day 2021 2-Mile Fun Run, April 23, 2021. The event was organized by the command's First Class Petty Officer Association to help commemorate and increase awareness for the annual event (Official Navy photo by Douglas H Stutz, NHB/NMTRC public affairs officer).*

